#### BEHAVIORAL HEALTH BOARD



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# BEHAVIORAL HEALTH BOARD February 22, 2018

### **CALL TO ORDER**

The meeting convened at 5:00 p.m. and was called to order by Chair, Jack Waldorf.

Those in attendance introduced themselves.

Supervisor Withrow led the Board members and the audience in the Pledge of Allegiance.

#### **MEMBERS PRESENT**

Rebecca Clover, Annie Henrich, Carlos Hernandez, Susan Kirk, Carmen Maldonado, Vern Masse, Yvette McShan, Jill Neifer, Frank Ploof, Kathy Rupe, Mike Shinkel, Virginia Solorzano, Amy Thomas, Jack Waldorf, Supervisor Terry Withrow

### **MEMBERS ABSENT**

Gregg Clifton, Charmaine Monte, Jerold Rosenthal, Thomas Olsen

#### STAFF PRESENT

Rick DeGette, Veronica Ortiz-Valle, Teresa Garibay, Melissa Farris, Leng Power

## **GUESTS PRESENT**

Alicia Silva, Bob Madearos, Brian Madearos, Heather Smart, Julie Rosenau, Jose Yepez, Barbara Johnson, Sidney Brewton

#### PUBLIC COMMENTS/ANNOUNCEMENTS

A member of the audience spoke of concerns on behalf of his adult son who has serious behavioral health disorders. He talked about the policies within BHRS and DBHC that are causing distress to the clients and their families. He made specific requests and suggestions to address these concerns. Jack Waldorf will take these concerns and suggestions into consideration and discuss it with the DBHC Advisory Board.

#### CORRESPONDENCE

Veronica Ortiz-Valle shared a thank you card of appreciation from the Kennard family for the support they received from the board for Kimberly Kennard. Veronica reported that memos of appointment for Rebecca Clover, representing District 1, and Amy Thomas, District 2, were received.

### **APPROVAL OF MINUTES**

Action: Virginia Solorzano made the motion to approve the Behavioral Health Board minutes of January 25, 2018, Vern Masse second the motion.

### **CONSUMER REPORTS/COMMENTS - None**

#### FAMILY MEMBER REPORTS/COMMENTS – None

## **BOARD OF SUPERVISORS REPORT**

Supervisor Withrow reported on the Access Center for those experiencing homelessness including an immediate action plan for a temporary Low Barrier Emergency Shelter/Day Center. This will be a 3-year pilot program that would start, once approved by the Board of Supervisors, at the City Council Meeting on Tuesday, February 27, 5:30pm, at 1010 10<sup>th</sup> Street, Board of Chambers located in the basement. The Access Center will be located next to the Salvation Army downtown Modesto.

### PRESENTATION - Alcoholics Anonymous (AA)

Mary Anne Riggal gave an interactive presentation on what AA is, and is not. She provided information about AA's outreach to the community hospitals and other facilities. AA literature is available in many languages. The AA meeting schedule can be found on their website www.cviaa.org.

#### COMMITTEE REPORTS

#### **Executive Committee**

Jack reported that the committee interviewed applicants Amy Thomas, District 2; and Rebecca Clover, representing District 1.

#### Administrative, Fiscal Management Committee

Frank stated there is no update at this time.

#### Managed Care Committee

Jack reported that the committee did not meet.

#### Prevention and Community Education/Outreach Committee

Yvette McShan reported she, Jill, and Carmen visited the Outreach & Engagement Center, 825 12<sup>th</sup> Street, Modesto. The Center utilizes 70-90 homeless people per month. Their primary purpose is to engage and support the homeless in the community to help them seek BHRS services and ultimately obtain permanent housing. The clients seemed happy, connected, and full of hope. The site could use some additional case management and whole person coordination. There is also a need for a clinician on site and more peer support. Each client is unique and may receive referrals from community service agents, Behavioral Health, Telecare, and Homeless Court. The team at Outreach & Engagement is doing a phenomenal job and the program is successful.

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### Impact - Department Run Services Committee

Vern stated there is no update at this time.

#### Impact – Contract Run Services Committee

Frank reported the committee met and discussed planning for the year. The committee is looking for more board members to join. The committee meets on the 2<sup>nd</sup> Wednesday of the month at 4:00pm in the Main Conference Room.

# <u>CULTURAL COMPETENCY, EQUITY AND SOCIAL JUSTICE COMMITTEE (CCESJC)</u>

Carmen reported Nahrain Benner gave a presentation on The Last Resort. The Last Resort is a non-profit organization designed to help youth and young adults maintain sobriety. The inpatient 6-bed facility services anyone between the ages of 13-17 years of age, male or female. The program models the 12-Step Program, addresses issues such as self-esteem, anger management, eating disorders, and family dysfunction. The organization offers counseling, group therapy, education and recreational activities. Outpatient day treatment is for young adults ages 18-24. The committee reviewed and discussed CLAS 13, 14, and 15. The committee also discussed Black History month.

### DEPARTMENT REPORT

Rick DeGette reported that the Peer Support Certificate for Peer Providers is being re-introduced. He stated that the AOT Workgroup is making progress and the presentation to the Board of Supervisors for approval is on April 24, 2018. Rick introduced and welcomed Leng Power, new MHSA Planning Manager. Rick shared that the department is hiring an Ethnics Services Manager. Rick extended an invitation from the Steinberg Institute for those interested in attending the State Capitol Briefing: The Global Forefront of Mental Health Delivery on February 28, 1:00-4:00, in Sacramento. The briefing will focus on insights from global leaders at the forefront of innovation and transformation in mental health care delivery.

#### **ANNOUNCEMENTS**

Vern Masse shared that Veterans were invited to the Modesto High School for the Day of Respect to speak on how disrespect affects people. Leng Power announced that the MHSA CSS Housing Application – Supportive Services Plan is available for 30-day public review and comment period. Dr. Barbara Johnson announced that VMRC was awarded an MHSA grant on dual diagnosis. VMRC is collaborating with BHRS. Mary Anne Riggal announced there would be an AA Speaker Meeting on the night of February 23 in the Redwood Room.

#### ADJOURNMENT

There being no further business, the meeting was adjourned at 6:30 p.m. The next meeting will be on March 22, 2018, 5:00 p.m. – 6:30 p.m., at 800 Scenic Drive Redwood Room.

Respectfully Submitted, Teresa Garibay Confidential Assistant III