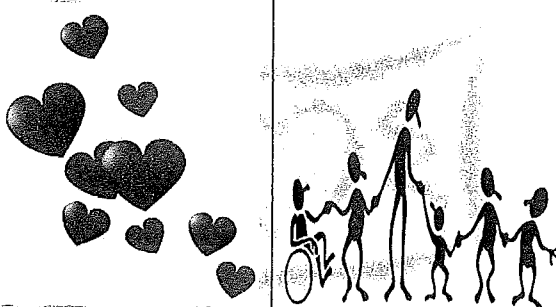
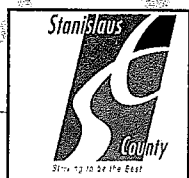


February 2018

Mon	Tue	Wed	Thu	Fri
CELEBRATIONS, GROUPS & CLOSURES 2/1- In-Service Employment Group 2/8- Housing Meeting 2/9- NAMI IIOV 2/15- CLOSED- All staff training 2/19- CLOSED- President's Day Holiday 2/22- Adviosry Council/ In-service Behaviors 2/23- FRIENDSHIP PARTY!!			1 <i>Employment Group</i> 8:30-9:30 Dual Recovery 10:00-11:00 Addiction Support 2:00-3:00	2 Anti-Stigma 9:00-10:00 E.C. Supports w/Pete 10:30-11:00 Movie 10:00- Karaoke 12:00-2:00
5 Goal Setting/Check In Group 9:00-10:00 Conflict Resolution 11:00-12:00 PTSD Support 1:00-2:00	6 Seasonal Support 9:00-10:00 Women's Group 10:30-11:30 Game Day! 11:00-12:00 Mediation & Journaling 1:00-2:00	7 Self- Esteem 9:00-10:00 Peer Support 10:30-11:30 Arts and Crafts 1:00-2:00	8 <i>Housing Meeting</i> 9:00-10:00 Dual Recovery 10:00-11:00 Addiction Support 2:00-3:00	9 <i>NAMI IIOV Presentation</i> 9:00-10:00 Movies- 10:00 Member Support Meeting 10:00-11:00 Karaoke 12:00-2:00
12 Goal Setting/Check In Group 9:00-10:00 Conflict Resolution 11:00-12:00 PTSD Support 1:00-2:00	13 Seasonal Support 9:00-10:00 Women's Group 10:30-11:30 Game Day! 11:00-12:00 Mediation & Journaling 1:00-2:00	14 Cinema Support 9:00-10:00 Peer Support 10:30-11:30 Men's Group 12:00-1:00 Arts and Crafts 1:00-2:00	CLOSED FOR ALL STAFF TRAINING	
19 Center Closed for Presidents Day. 	20 Seasonal Support 9:00-10:00 Women's Group 10:30-11:30 Game Day! 11:00-12:00 Mediation & Journaling 1:00-2:00	21 Self-Esteem 9:00-10:00 Peer Support 10:30-11:30 Arts and Crafts 1:00-2:00	22 <i>Advisory Council Meeting</i> 9:30-10:00 Dual Recovery 10:00-11:00 <i>In-Service Behaviors</i> 11:00-12:30 Addiction Support 2:00-3:00	23 <div style="border: 2px solid black; border-radius: 50%; padding: 20px; text-align: center;"> Friendship Party 10-2 </div>
26 Goal Setting/Check In Group 9:00-10:00 Conflict Resolution 11:00-12:00 PTSD Support 1:00-2:00	27 Seasonal Support 9:00-10:00 Women's Group 10:30-11:30 Game Day! 11:00-12:00 Mediation & Journaling 1:00-2:00	28 Cinema Support 9:00-10:00 Peer Support 10:30-11:30 Men's Group 12:00-1:00 Arts and Crafts 1:00-2:00		



Sponsored by the Stanislaus County
Board of Supervisors
Behavioral Health and Recovery Services
A Mental Health, Alcohol and Drug Service



Empowerment Center
1001 Needham St., Modesto, CA
209-544-1913
Monday - Friday: 7:30am-3:00pm

FRIENDSHIP PARTY!!

**CELEBRATE OUR FRIENDSHIPS AT THE
EMPOWERMENT CENTER!!**

**ENJOY FOOD, MUSIC,
CRAFTS, GAMES,
PRIZES AND MORE!!**

FEBRUARY 23RD, 2018
FROM 10:00AM- 2:00PM

**THE EMPOWERMENT CENTER
1001 NEEDHAM ST MODESTO CA 95354**

More About The Last Resort

The 12-Step Model

Addiction treatment at The Last Resort is based on the 12-Step Philosophy. We also utilize cognitive-behavioral therapy, the Gorski/CENAPS relapse prevention methodology, and a full range of other traditional, experimental and integrative therapies. Through education, individual counseling, group counseling, and recreational activities, you will gain the recovery skills needed to break the vicious cycle of addiction.

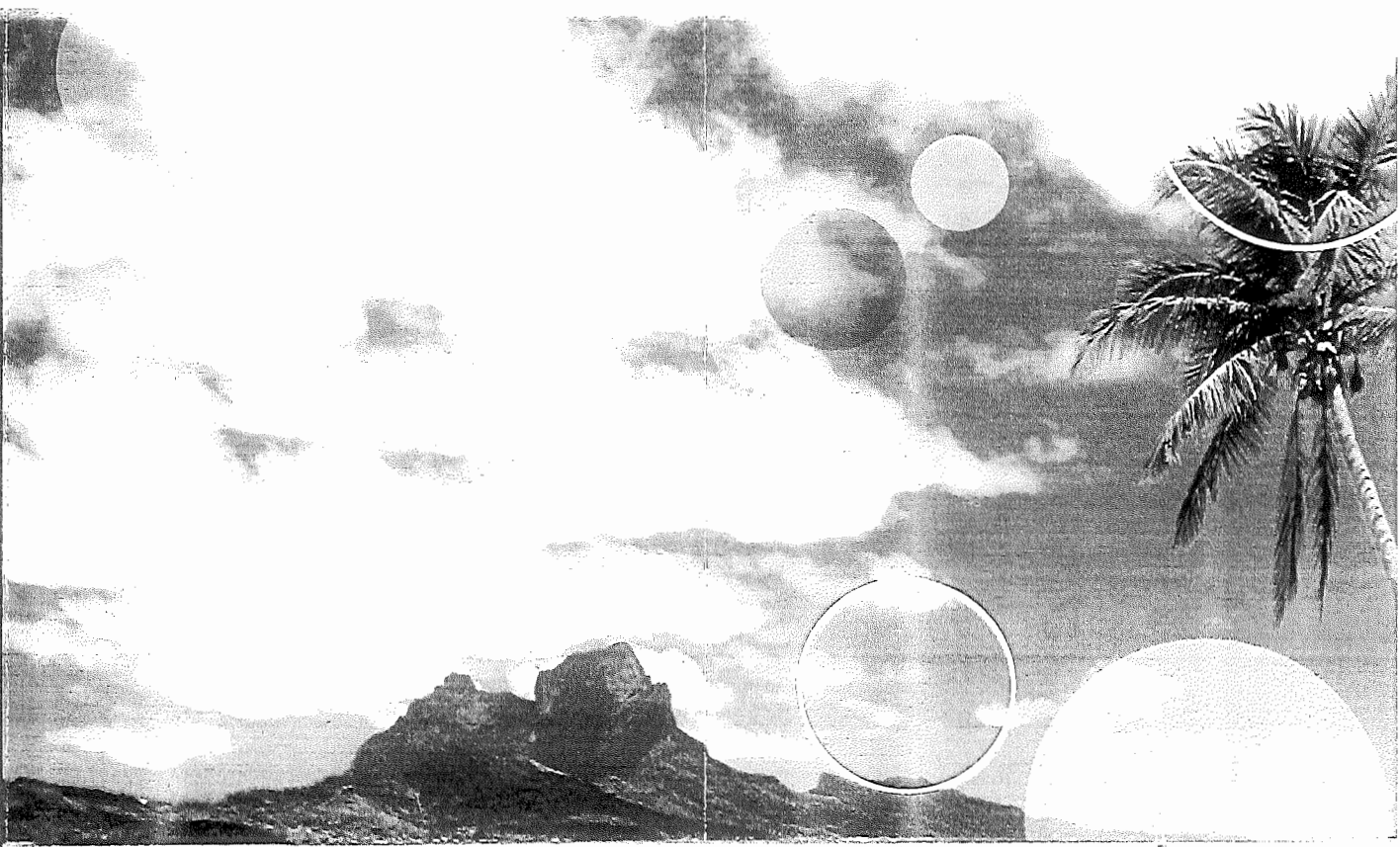
Ongoing Support

The Last Resort is committed to helping you build a strong foundation for recovery that can grow along with you after formal treatment ends. Because addiction is a chronic, progressive illness, we believe ongoing support and aftercare are essential to help you avoid relapse and achieve your goals.

A highly trained counselor is available 24-hours a day. Admission can be scheduled seven days a week and all patients will be treated with the utmost respect and dignity. Call us at **209.523.6900**, **209.523.6910** or toll free at **877.817.4523** for more information or for a confidential assessment.

Let us help you. Call for an appointment today.

**209.523.6910 or
877.817.4523**



The Last Resort
Residential Center
218 E Orangeburg Avenue
Modesto, CA 95350
209-523-6900

Outpatient Center
3125 McHenry Avenue Suite D
Modesto, CA 95350
209-523-6910

www.thelastresortmodesto.com

The Last Resort

A place to "get away" for Recovery & Change!

www.thelastresortmodesto.com

CCLD License #507004599
ADP Licenses #500010AN, #500010BN



Who We Are

A local non-profit located in the Central Valley with a desire to help teens break the cycle of addiction. With the distinction of being the only licensed facility for adolescents. The Last Resort's treatment is based on a "client-centered" treatment philosophy.

Residential Center

We are a 6-bed facility offering a variety of services:

- * Detoxification
- * Residential Treatment

Outpatient Center

We are a multi-group facility offering a variety of services:

- * Day Treatment
- * Intensive Outpatient
- * Aftercare

Our Approach

The Last Resort provides adolescents with individualized care delivered by an integrated team of experienced professionals, including a physician, and certified recovery counseling staff. Our adolescent addiction specialists use a dynamic mixture of approaches to reach youth, including individual counseling, group counseling, and recreational therapies.

Treatment Services

The Last Resort uses a variety of evidence based practices to reach struggling adolescents. These include:

- * Individual and Group Therapy
- * Cognitive-Behavioral Therapy
- * 12-Step Recovery
- * Gender-Specific & Mixed-Gender Groups
- * Substance Abuse Education
- * Sober Recreational Activities
- * Multi-Family Groups

A Holistic Approach to Treatment

Our approach to treating substance abuse is based on respect and compassion, with a strong emphasis on each individual's physical, mental, emotional, and spiritual health. Because we recognize that the treatment approach that is best for you may differ from what works for someone else, our caring team of professional addiction specialists will create an individualized treatment plan that is matched to your unique needs.

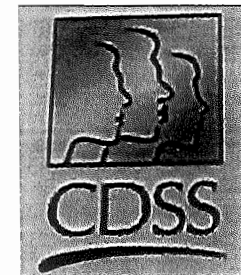
Family Involvement

Family involvement is an important element of drug treatment for both you and your loved ones. We offer multi-family therapy groups to educate both families and patients on the disease of addiction and to prepare them for a future in recovery.



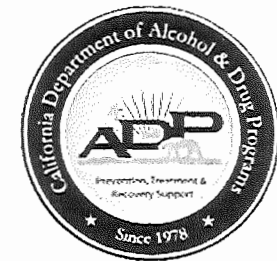
Most insurance plans accepted. We are also a participating provider for Drug Medi-Cal.

Licensing



Community Care Licensing for Group Homes

Certification



California Department of Alcohol & Drug Programs

The Outreach & Engagement Center or the "OEC" is located next to the court house at 825 12th Street in Modesto

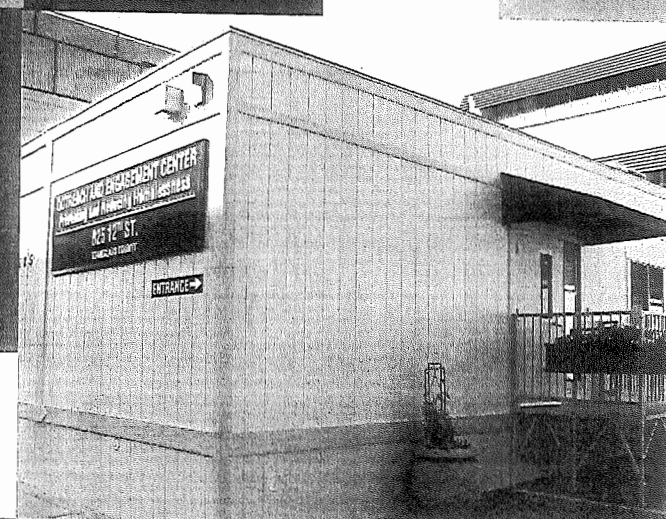
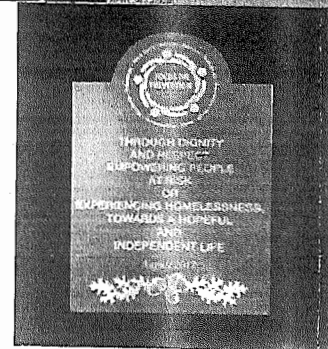
The OEC opened on August 1, 2017 as part of the county's outreach and engagement efforts for individuals at risk or or currently experiencing homelessness. The OEC provides a physical entry point that centralizes connections to housing, necessary supports, provides assessments, referrals, and help navigating a wide-range of homelessness services available throughout the county.

In the past, services were available through an office appointment, which often excludes those without access to transportation. The OEC has a unique, "meet you where you are" strategy. Each day, engagement teams go into the community seeking out individuals in need, building trust, creating relationships that and facilitate efforts and services to escape homelessness, for the night and forever.



209.272.8800

This effort is not about the building, it's truly about partnership, collaboration, & the willingness to serve and build hopefulness.



Visit the OEC

Outreach & Engagement Center
825 12th Street, Modesto, CA 95354

CALL US

(209) 272-8800



The OEC is made possible through the collaborative efforts of 10 sectors of the community through Focus on Prevention.



Sponsored by the Stanislaus County Board of Supervisors

Outreach & Engagement Center

STANISLAUS COUNTY

*Through dignity and respect,
empowering people at-risk or experiencing
homelessness toward a hopeful and independent life.*



Visit the Outreach &
Engagement Center
for individual assistance
with these services



Centralized Homelessness
Outreach and Engagement

Housing Assessments & Navigation

Homelessness Support
Services Referrals

Homelessness Court
Outreach & Navigation

Multiple co-located partners
connecting individuals to their
services as appropriate

*Are you currently
homeless and
need help now?*

You have choices...

Call the OEC for personal, no-fee
assistance with housing and other services.
Monday thru Friday, 8am-5pm
209-272-8200

Dial 211 from any phone in Stanislaus
County for free, 24/7 assistance to the
thousands of vital services available to you.
or call **1(877) 211-7826**