

**Stanislaus County Planning  
& Community Development**  
1010 10<sup>th</sup> Street, Suite 3400  
Modesto, CA 95354

**Community Development Block  
Grant/ E.S.G. Programs 2005-2006**



**Stanislaus County**

*Fiscal Year 2005-2006*

## Community Development Block Grant/ E.S.G. Programs 2005-2006

The following is a summary of the fiscal year 2005-2006 Community Development Block Grant (CDBG) and Emergency Shelter Grant (ESG) Public Service Grantees' accomplishments. This is a reflection of each non-profit's on going effort to provide the residents of Stanislaus County, a better living environment through human services, especially to those who are less fortunate.

The Stanislaus County Planning and Community Development Department would like to commend the 2005-2006 public service grantees for their continued effort to provide for the well being of Stanislaus County residents. Your hard work and dedication is greatly appreciated, as we strive to provide the best for our community.



## Center for Human Services

### Westside Resource Center

In partnership with the Westside Alliance (WCA) and Patterson Parks and Recreation, CHS provided a new service in the City of Patterson for very low and low-income youth. CHS expanded access to recreational sports and health education programs for low-income youth of Patterson and the surrounding communities. The project provided the low-income youth of Patterson and surrounding Stanislaus County areas the opportunity to participate in the Patterson Parks and Recreation Department's recreational programs such as basketball, baseball, soccer, volleyball, and tao kwondo via scholarships. A total of 178 individuals were able to participate in recreational activities, made possible by CDBG funding. CHS also provided translation services of information into Spanish, community and school based education/public safety informational meetings, and presentations to schools and businesses regarding WCA programs and services.

## Project Sentinel

### FAIR HOUSING PROGRAM

*Project Sentinel strives towards enhancing opportunities for housing, by fostering cooperative relations between tenants and landlords, preventing conflicts which may arise from rental housing situations, and by empowering both tenants and landlords to resolve their own problems by working together towards resolution of conflicts outside the court system. Project Sentinel ensures that fair housing laws are being applied throughout the housing industry, and provides education and training where appropriate.*

#### KENNETH H.

My name is Kenneth Howard. Around September 30, 2005, I was asked to move my car and to start parking in another parking spot about 60 feet from where I was parking. The spot where I was parking, I had been parking there about 2 years with permission from prior manager because I am disabled with bad knees, deteriorating skin and other problems that made it hard to walk. Sometimes I have to use a wheelchair or a walker but most of the time I use a cane. When I was asked to move to the further parking spot I tried to explain why I needed to park closer but was told to move my car anyway, so I called Project Sentinel and they sent a letter to them and they contacted the manager of the apartment complex within a couple of days, and the manager came over to me and asked me where I would like to park, that I could park anywhere I would like to, and I told him that my original spot would be fine. I am glad to say that the whole thing took less than a week. I would call Project Sentinel any time that I need help and that I would tell anyone to hall them if they needed help. I thank the Project Sentinel for all of their help. –Kenneth Howard

### Parent Resource Center Parenting Basics Plus Program



*Sam H.*

## COMMUNITY HOUSING & SHELTER SERVICES

### RENTAL ASSISTANCE PROGRAM

The Rental Assistance Program provides a first month of move-in or a current month of rent to avoid eviction, helping prevent homelessness. The goal of Community Housing & Shelter Services is “To provide housing and related services to keep households/families together.”

#### DANA NAGEL

My name is Dana Nagel and I am 27 years old who moved to Northern California back in October. I didn't have a job, nor money and no place to call home. I was living with friends but the “welcome wagon” was wearing thin as you could say. I found a job and started saving money to be able to find my own place, even a room for rent. I finally found a place I could afford, a nice little quiet studio apartment, only thing is I didn't have enough money for both the rent and deposit. I heard about the shelter services that help people out in their time of need. I called, made an appointment, got interviewed, and was informed of their decision within 72 hours. It was easy, painless and the staff was very friendly. Now I have a place to call “home.” They helped me and we are very lucky to have services like this available. Thank you once again for all your help. –Dana Nagel.

## Inter-Faith Ministries

### Santa Fe Winter Shelter for Homeless Families with Minor Children

The Santa Fe Project expanded from 14 to 21 winter shelter units for homeless families with minor children. Inter-Faith provided food, bedding, blankets, towels, pots and pans, dishes, cleaning supplies and equipment, personal hygiene supplies, laundry cards and detergent, and bus passes as needed. The facility operates from December 1<sup>st</sup> through March 31<sup>st</sup>. All 21 units were occupied assisting a total of 126 individuals living at the shelter. While at the shelter, staff works with families in attempts to find permanent housing.

#### SANDRA

I was on the streets doing drugs and neglecting my daughter. Now I have everything back.

Inter-Faith's staff is awesome. They helped us with anything that we needed. They helped me with finding housing, a job, and staying clean and sober. My mind was all junked up. I didn't care about anything else but drugs. Now I care about everything, my daughter, and myself. They helped me. Before I had no self esteem, now I know I can do it. I'm a single parent and I know that I can take care of my child. I got custody of her and a job.

My future is to keep going forward.

**Comments from staff:** Sandra got her first job while she was at the shelter and the next day she told us that she had just gotten custody of her daughter. It's rewarding to see people that make it. The change in Sandra was amazing, she went from always looking down and not caring about her appearance to being full of enthusiasm and making sure that she was presentable at all times. Her self-confidence was nil and she just needed the additional structure and support in order to make the changes in her life. Our staff works with the clients' other workers to provide a continuum of care.

We have seen Sandra several times and she still has her job and her housing and is very positive about her future.

## Parent Resource Center

### Parenting Basics Plus Program

*The mission of the Parent Resource Center is to build stronger, healthier families by offering volunteer in-home mentoring, support services and parenting education to parents who are at risk for child abuse and neglect*

This Program provided, through Stanislaus County CDBG funds, co-educational parenting for over 70 adults and their children in a 12-week format. This "fast track" approach provided vital parenting education, case management, and support services to promote positive parenting.

#### SAM H.

I am a young dad and enrolled in parenting classes when my son was three months old. I learned a lot about being a dad and a lot about children. I learned that praise was important and I didn't know that. I learned to be more attentive to my son's needs and also about the ages and stages of children. The class was great, everyone was so friendly there and I learned so much. My son's mother and I were not together when I started classes and we were disagreeing on child custody. Through the Court Mediation system, we were required to attend parenting classes. Since I attended parenting classes at the Parent Resource Center, I invited her to go to classes there. After a while she agreed to and work together as parents. We are now *together* and work *together* as parents. I couldn't ask for things to be better! Even though I will be done with my classes soon, I want to continue to attend because my #1 goal in life is to be a great Dad! Thank you for your help! – Sam H.

## Westside Food Pantry

### Emergency Food Program

The Westside Food Pantry is a community-based organization that works to provide emergency food assistance and referrals to social service agencies for individuals and families. CDBG funds were used to provide emergency food assistance to very low, low and moderate-income families in the City of Patterson and the unincorporated communities on the Westside of Stanislaus County. The agency provided assistance to families, single mothers trying to make ends meet, senior citizens stretching budgets to cover medical expenses and the terminally ill. Additionally, all children, under the age of 13, of families requesting assistance received an age-appropriate book. During the 2005-06 fiscal year the agency served 4,670 individuals within the qualifying communities.

### Children's Crisis Center of Stanislaus County- The Guardian House



*The Mogensen Family*

## Children's Crisis Center

### BRANDY MOGENSEN

I would like to take a moment of your time to let you know how much my family appreciates the daycare services at the Children's Crisis Center.

I spent several years not being able to work mainly due to the cost of childcare. Here and there I would be able to get a small part time job with the help of my sister watching my son Tyler. However, this never lasted long due to schedules conflicting and so forth. Needless to say, by the time I had my daughter, working was pretty much out of the question.

With me not being able to work it was hard on everyone in my whole family. It caused typical money arguments between my husband and I. He felt the stress of supporting our family completely on his own with no help. My kids generally stayed inside the home most days and were not very sociable outside of our home.

With the help of the Children's Crisis Center, our lives have drastically changed. I have been able to work helping ease some of the stress off of my husband, which in turn has taken away most of the arguing in our home. Myself, I have been able to go to work steadily. I have higher self-esteem because I am able to apply myself somewhere other than in the home. My children have bloomed. My son's speech has greatly improved. Both of my children were very shy. Going to daycare has helped immensely. They are able to receive interaction with other kids their own age, which they simply could not do at home.

The entire staff is great and very understanding. They are wonderful, not only with the children, but also with us parents. Which is very important to me. The center also supplied all of the meals for the kids each day they are there, which has been another tremendous help.

The center has helped with more than just daycare. They have made my whole family happier one way or another. My children actually look forward to going to "school" every morning. Myself as a parent, deeply appreciate the services and the staff for all that they do. I have a safe, caring, and wonderful place to be able to take my kids and will forever be thankful. –Sincerely, Brandy Mogensen

## Westside Food Pantry



## Inter-Faith Ministries

### Food Pantry Program

Inter-Faith Ministries works as a caring and sharing group of faith-based congregations, organizations, and individuals to help those in the greater Modesto area who are in need of food, clothing, and other humanitarian services. Inter-Faith's Food Pantry provides groceries to economically disadvantaged residents of Stanislaus County who do not have a pantry in their community, or when there is a need and the pantry in the person's/family's community is not open. Clients may receive a three-day supply of food every two months. Persons receiving food are given information about other agencies in the County that provide a wide range of services. A total of 1,118 persons were aided from the cities of Ceres, Empire, Salida, and Waterford.

### Los Arcos Learning Center



An older student works with a younger student at the Los Arcos Learning Center.

## Salida Union School District

### Los Arcos Learning Center (CDBG)

The Los Arcos Learning center is an after school program that offers language development activities for school age English Language learners and their parents. The program also provides remedial instruction in the academic subjects of reading and mathematics. The Salida Union School District was named a state winner in the 2006 National Civic Star Award Competition, attributed to the program's success.

The following article comes from the 2006 National Star Award Competition award winners newsletter:

*The Los Arcos Learning Center initially began as a three-hour, after school tutoring program for English-language learners in grades one through eight. Students attended one of two 90-minute sessions five days a week for 12 weeks. Time during each session was divided between high-quality, research proven, technology-based instruction and time with a credentialed teacher. Tutoring was aimed at developing reading, math and English language skills.*

*Even though sessions ran until 6p.m., 95 percent of enrolled students were present each day. The quality of instruction and academic growth of participating students quickly led to greater demand for service and long waiting lists.*

*As a result, the center started opening earlier in the afternoon so students from the nearby elementary school could benefit from participation during the regular school day.*

*English-language learners and students from economically disadvantaged families who were meeting grade-level standards were selected by their teachers to participate in the Los Arcos school-day program. The goal of the program was to encourage higher-performing students to strengthen their understanding of the foundation skills necessary for success in high school and college.*

## Haven Women's Center of Stanislaus County

### Oakdale Satellite Services

The Haven's Women Center of Stanislaus County is a catalyst for individual empowerment and societal change. It promotes safety and healing for women and children impacted by domestic or sexual violence. Haven provides advocacy, education, and supportive services to women and children who are victims of domestic or sexual violence. Through the Oakdale Satellite Services Program, Haven expanded much needed crisis intervention and supportive services to Oakdale residents that are survivors of domestic violence or sexual assault. Services provided include the following: Kids Count Program/Teens Count Program, Viva Life Skills Classes for Women, Women's Issues Support Group, Case Management, Crisis Intervention, and Temporary Restraining Orders. Throughout the 2005-06 fiscal year, Haven served a total of 34 extremely low-income individuals.

## Healthy Aging Association

### Young At Heart Program

The mission of the Healthy Aging Association is “to help older Americans live longer, healthier, more independent lives by promoting increased physical activity and sound health and nutrition practices.” Young at Heart classes helps older adults manage diseases such as diabetes, osteoporosis, arthritis, depression, heart disease, and help to minimize the effects of strokes. The agency conducted senior outreach in the Cities of Oakdale, Patterson and the unincorporated areas of the County. The agency provided Strength Training classes to income eligible persons in the cities of Oakdale, Patterson, Westley/Grayson, and Newman. The program site at the United Communities Center in Grayson continues with bilingual staff and volunteers. These funds covered program costs for outreach, educational material, and supplies for CDBG eligible program participants.

During the fiscal year the agency had 167 participants (not including individuals who participated in Young at Heart Strength Training on Cable TV).

## We Care Program

### We Care Emergency Shelter Program

The purpose of the We Care Cold Weather Emergency Shelter is to serve a segment of the homeless population that would otherwise not be eligible for assistance from any social service agency. It is a program designed to shelter between 55-65 homeless individuals during the worst part of the winter. The shelter operates between the months of December through March. The agency provided assistance to individuals that are single men and women 18 years of age or older. Arrangements were made for daily meals to be served to program participants by local churches in the area. Program participants receive information and referral services and case management in the areas of counseling, housing and employment. The hours of operation of the shelter were from 6 p.m. to 9 a.m., seven days a week for four months. The agency served 248 individuals throughout the fiscal year.

## Second Harvest Food Bank

### Food Assistance Program

"Hunger Hurts. It denies dignity, lessens human energy, erodes community stability and impairs the potential of people to achieve. To break this cycle of hunger, Second Harvest Food Bank is committed to providing an efficient, cost effective centralized system for collecting and distributing food that reduces waste and alleviates hunger in our valley. We seek to provide life sustaining meals to those in need and to silence the pain that hunger brings".

The Second Harvest Food Assistance Program interacts with non-profit charities that have a food pantry program of their own. They are currently serving 27 non-profit organizations in the Cities of Ceres, Newman, Oakdale, Patterson, Waterford, and the unincorporated cities of Stanislaus County. Each non-profit agency visits the Food Bank to select packaged groceries, canned fruits and vegetables, cereals and breads, dairy products, meats, and fresh fruits and vegetables. Through the Food Assistance program, Second Harvest Food Bank is able to collect, store, and distribute a large quantity and diversity of food product, and in turn make these groceries available to local non-profit charities.

From July 1, 2005 to June 30, 2006 (FY 2005-2006) Second Harvest Food Bank delivered 498,414 pounds of supplemental groceries to approved cities covered under the Stanislaus County CDBG grant. The value of the food distributed is \$747,621.00. Furthermore, Second Harvest served 45,081 low-income individuals suffering from food insecurities.

## Newman Crows Landing USD

### Bonita After School Program

With the assistance of CDBG funds, the Bonita After School Program was expanded from a three day to a four day per week program and accommodated 38 students, attending 2 days per week. Students are from the Newman/Crows Landing Unified School District, which has a 35% English learner population. The program is a pre-kindergarten readiness program and covered kindergarten academics such as letters, shapes, number recognition, and social development skills. In addition, the program implemented a parent education component, educating parents on what to expect from their children in kindergarten. The goal of this program is to provide for an easy transition for children, from home to school, as they initiate their education. The students served through this program came from extremely low, very low, and moderate income levels.

## Center for Human Services

### Community Counseling Services

*The mission of Center for Human Services is to support the well being of youth and families through quality prevention, education, and counseling services; through programs that build and strengthen families and the neighborhoods in which they live.*

CHS, in partnership with the Westside Community Alliance (WCA), Patterson Unified School District and other community partners offered access to counseling services for the City of Patterson residents who have low to moderate incomes. Services were made available at the Westside Resource Center two days per week. The services were provided in Spanish and English. Outreach efforts were also performed in attempt to educate and inform the community of services.

The following is an anonymous statement from a counseling service recipient:

*I would really like to thank everyone for the services I have received. I came in with difficulties with anxiety and panic attacks that were affecting me very seriously. I was actually hospitalized a couple of times because of my panic attacks and was even having hard times driving or riding in a car. Since I've been in counseling I haven't had any attacks and I have been able to overcome my fears of driving and riding in a car. I am very thankful for the services that I have received. I feel more secure of myself and I know myself much better. When I first came into therapy I was very closed and didn't know what to expect. I thank Abraham a lot for helping me feel comfortable and teaching me how to control and respond to my anxieties. I also want to thank the people that have allowed me to receive services for free. Without them, I would not have been able to receive any services because of my family's money problems. Thank you all and God bless you all.*

## West Modesto King Kennedy Collaborative

### Here's to Your Health Program

The mission, vision, and values and overarching strategy of the West Modesto King Kennedy Neighborhood Collaborative reflects a concern to ensure access to high quality and culturally sensitive health care for west Modesto's multi-cultural community, particularly its children.

The "Here's to Your Health Program" provided West Modesto residents with outreach services for connecting families to appropriate health care, health coverage, housing, or other social service needs, which in turn improves the quality of life for the children and families in west Modesto and Stanislaus County. West Modesto has a rate of 8% infant mortality across all ethnic groups, compared to 6.6% in Stanislaus County and the National Objective of 5%. West Modesto is also one of the primary areas within the Stanislaus County where sexually transmitted diseases exist. The WMKKC, through a Family Resource Specialist, provided outreach that allowed residents of west Modesto access to health care, safety information, referral services, and recreational opportunities via door-to-door outreach, community events, health fairs, home visits, case management, and phone calls. Services were provided to people of extremely low, very low, and low-income backgrounds. A total of 726 individuals received referral services throughout the fiscal year.

## **United Way of Stanislaus County**

### **Information & Referral Program**

The mission of the United Way Information & Referral Program is to link people in need with the appropriate agency or service designed to eliminate or alleviate that need and to assist in the long-range community planning process by discovering gaps, overlaps and duplication services. Throughout the 2005-06 fiscal year, the United Way assisted 450 extremely low, very low, and low-income unduplicated individuals with a total of 931 referrals. UWIR also provided direct health care enrollment assistance to families needing health insurance for their children, assisting 193 individuals/families in the 2005-06 year. After having referred individuals, the United Way maintained a follow-up process of all calls received to determine the overall effect of needs being met by those requesting assistance. During the '05-'06 fiscal year UWIR also distributed a total of 9,220 bi-lingual flyers, brochures, and informational posters to increase community awareness.

## **Newman Crows Landing USD**

### **Pre-Kindergarten Summer Program**

This was a pre-kindergarten readiness program, which assisted English learners and bilingual students from the Hunt and Von Renner Elementary Schools. The program was conducted for two weeks during the summer session to expose the children, who had not had a previous opportunity to attend preschool, to what kindergarten would be like. Students were provided with a school readiness kit, to ensure that they had adequate school supplies for the year. A parental education session, which addressed the expectations of kindergarten and how to assist the child at home, was also offered to the parents of the children. The students were evaluated with a kindergarten pre-test at the beginning of the session and evaluated again at the beginning of the school year to measure program effectiveness. A total of 83 extremely low, very low, and low-income students were assisted through the pre-kindergarten program.

## Disability Resource Agency for Independent Living

### Assistive Technology Program

*The Disability Resource Agency for Independent Living (DRAIL) promotes and implements the concept of independent living by aiding persons with disabilities to obtain the tools they need to be self-sufficient. The primary functions of the organization are: the provision of independent living services to consumers, their families, friends and affiliated community groups; the education of the public regarding both the needs and abilities of persons with disabilities; and the initiation of change in public policies and procedures that affect the quality of life within the disability community. DRAIL is dedicated to working towards the objectives of the disability rights and independent living movements through the provision of comprehensive services designed to empower and improve the quality of life for persons with disabilities.*

DRAIL used CDBG funds through the Assistive Technology (AT) program to purchase equipment that would increase a person's independence. The AT program had 14 requests for funding for AT devices such as hand controls, CCTV, Dragon Naturally Speaking software, wheelchair carriers, wheelchair ramps, hand rails, and grab bars. The AT program assisted all 14 consumer requests.

## Assistive Technology Program

